# SSA C420 Summer Program

JUNIOR PROGRAM DIRECTOR: TRAVIS CARLISLE OPERATIONS MANAGER: MADDE VACHON

## 2023 Coach

- Raam Fox (2<sup>nd</sup> year)
  - Sailed at Severn School
  - Sailed at SSA/AYC on the C420 teams
  - Sailed at RWU
  - Coached HS sailing with SSA in Fall/Spring

## 2023 Summer Schedule

c420 CHESSIE	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
June 12th	Practice @ SSA	Practice @ SSA	Practice @ SSA	Practice @ SSA	Practice @ SSA	OFF	OFF
June 19th	Practice @ SSA	Practice @ SSA	Practice @ SSA	Practice @ SSA	OFF	Fishing Bay YC	Fishing Bay YC
June 26th	OFF	Hampton YC Junior Annual	Practice @ HYC	Norfolk NYCC Junior Annual	Norfolk NYCC Junior Annual	OFF	OFF
July 3rd	OFF	OFF	AYC Annual	SSA Annual	Practice @ Tred Avon	Tred Avon YC Oxford, MD	OFF
July 10th	Practice @ SSA	Practice @ SSA	Practice @ SSA	West River SC Galesville, MD	Gibson Island	OFF	OFF
July 17th	Practice @ SSA	Practice @ SSA	Practice @ SSA	Practice @ SSA	Practice @ SSA	OFF	Practice in Newport
July 24th	North Americans Sail Newport	North Americans Sail Newport	North Americans Sail Newport	North Americans Sail Newport	OFF	OFF	OFF
July 31st	Practice @ SSA	Lewes YC (Tentative)	Practice @ SSA	Practice @ SSA	Practice @ SSA	OFF	OFF
August 7th	Practice @ SSA	Practice @ SSA	Rock Hall YC	Miles River YC	OFF	Tred Avon YC Oxford, MD	Tred Avon YC Oxford, MD

#### Communication

Primary means of communication: InstaTeam

Code to join is: VACHKW



Can make a WhatsApp group for the team as well for during regatta communications.

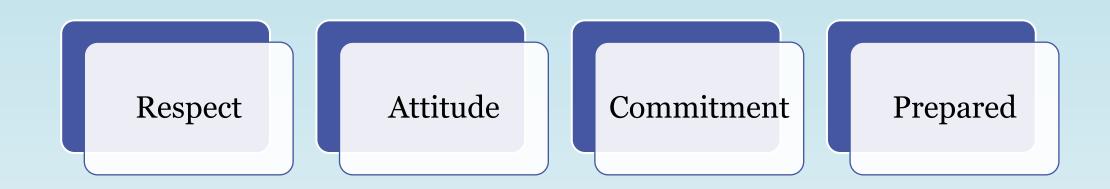
Travis and Madde Emails:

sailing@severnsailing.org madde@severnsailing.org

#### Summer Travel Fees

- Travel Fees include the following:
  - Coach per diem, coach travel, coach housing, charter boat (if needed).
- We do add in a buffer for emergency situations (i.e. broken trailers, broken boats)
- Travel fee per person will be roughly \$500.00

# Sailor Expectations



### Parent Expectations

- Communication
- Respect
- Volunteer
  - Includes towing, providing snacks, lunch for coach (at away events), Ice for cooler, help at regattas

## **Coach Expectations**

Respect

Communication

Lead with Corinthian Spirit

Quality Coaching