

## Race Committee Training – Why Now?



- RC only once or twice a year
- No formal training prior to this
- Improvements in equipment storage/maintenance, boats, flags, etc.
- Codify RC procedures
- Refresh memory 2020 season with minimal RC duty
- Maintain high quality RC work
- Improve uniformity
- Develop new Principal Race Officers and Deputy Race
   Officers training videos and presentation materials on SSA
   website <a href="https://www.severnsailing.org/race-committee">https://www.severnsailing.org/race-committee</a>

#### **Outline**



- Race Committee why and how
  - How to have fun and learn
- How to sign up for RC
- RC staffing
- Time commitment
- What to bring food, drink and gear
- What to expect stem to stern
  - Beginning of the day helping load equipment
  - During the day on the water
  - End of the day unload equipment, finish up, refreshments

## SSA Service – Why and How



- SSA members are required to serve minimum service days each year:
  - Voting, Associate and Special members 3 days
  - Supporting/Student over 21 2 days
  - **Jr Associate/Winter** 1 day
  - Jr Club no days
- Service days include participation in race committee, club facilities work parties and special projects approved by the club manager
- RC for Frostbite does not count toward service days; TESOD and Thursday
   Night Racing = ½ day credit







## SSA RC Service – Why and How



- SSA is known for excellent one-design racing requiring excellent race committee work. You will be an integral part of the team!
- Have fun and learn! Start with low key TESOD, Thursday nights or weekend club regattas.



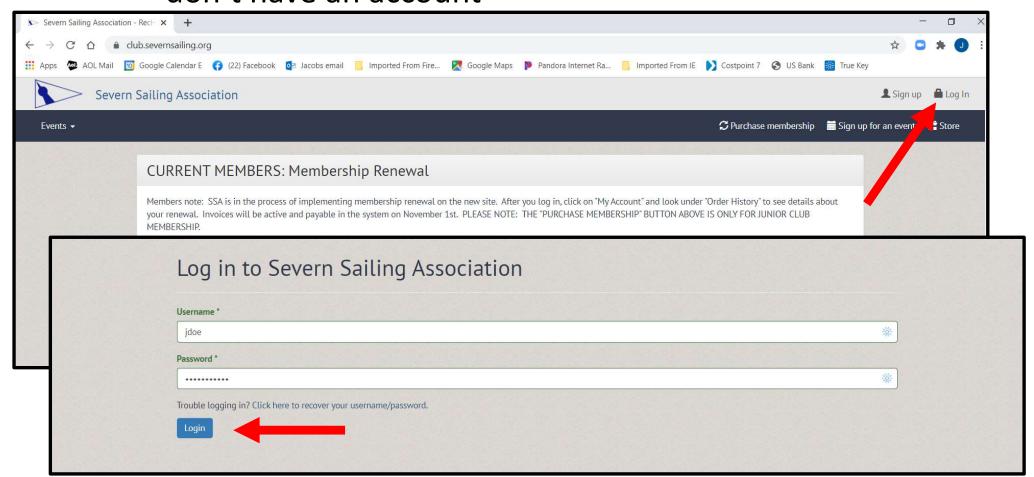




## **How to Sign Up for SSA Events**



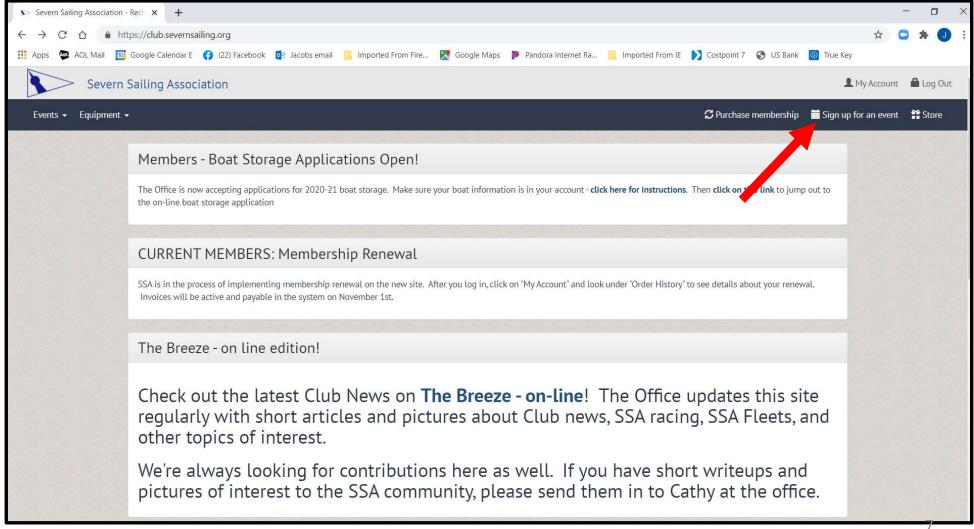
- Go to https://club.severnsailing.org
- Log in with username and password
  - Contact Cathy Bishop at <u>office@severnsailing.org</u> if you don't have an account



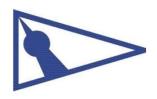


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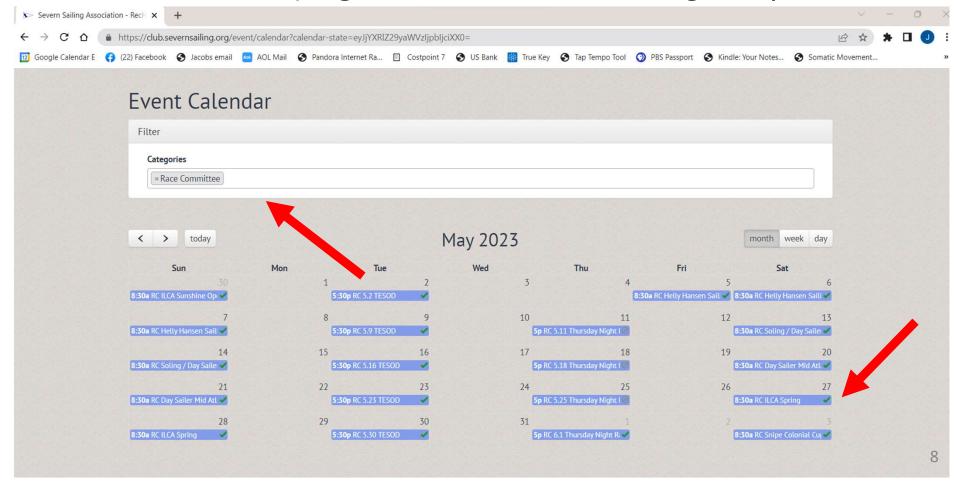
Select "Sign up for an event"



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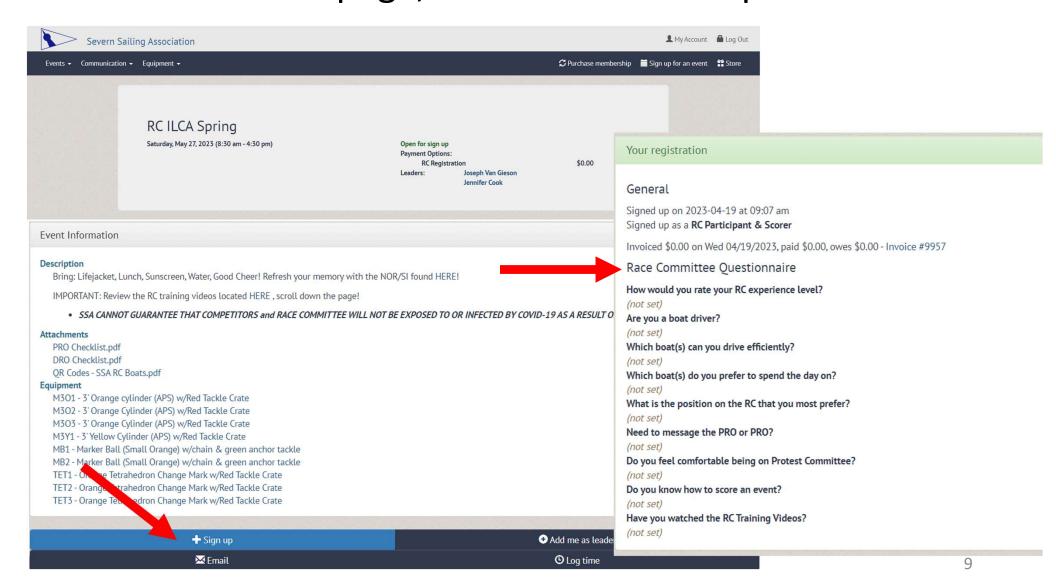


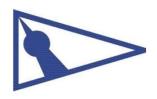
- Below Event Calendar, select "Race Committee" as Filter
- Will need to scroll down list of Categories
- Select the event (Regattas and Thurs. evenings only, not TESOD





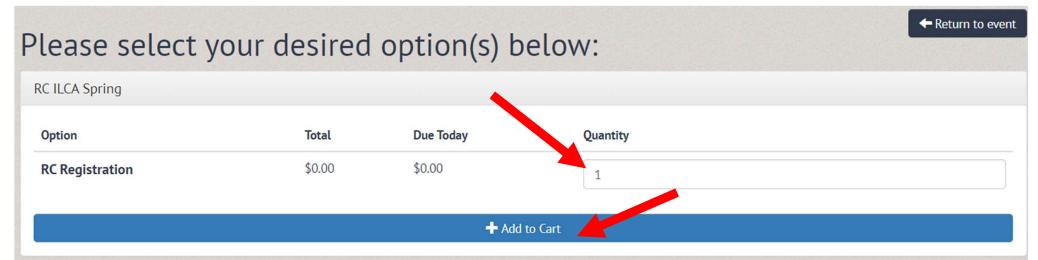
On the event page, be sure to fill out questionnaire





- Select how you are registering e.g., "RC Participant"
- Enter the number of volunteers in your party in "Quantity"
- Verify Contact information







- Read and Accept the Event Policies (waiver) only once
- Confirm Registration

#### Event Policies

Just making sure we are all on the same page.

Draft 10/31/20 SEVERN SAILING ASSOCIATION

ANNUAL ASSUMPTION OF RISK, WAIVER, RELEASE OF LIABILITY AND INDEMITY AGREEMENT

FOR PARTICIPATION IN SSA REGATTAS AND SAILING EVENTS

For and in consideration of Severn Sailing Association ("SSA" or "Club") allowing me, the undersigned, to participate in any capacity in an SSA sponsored Regatta or other SSA sponsored sailing events (collectively "Event" or "Events"); I, for myself, and on behalf of my spouse, children, heirs and next of kin, and any legal and personal representatives, executors, administrators, successors, and assigns, hereby agree to the terms and conditions set

forth below (the "Agreemen understand and agree that e

- RULES AND REGULAT
   and safety measures
- 2. ACKNOWLEDGMENT participation in the E bones, head or neck i disability, paralysis ar other participants, ev weather conditions; f skill levels; situations dangers ("Risks"). In that such exposure m reduce the spread of exposed to or becom preventive measures.
- ASSUMPTION OF RIS negligence of my ow Released Parties def or expenses that I in agents under my dire
- RELEASE AND INDEI
   its licensees, compet
   the officers, directors
   referenced herein (the court costs and reas)

- 1) neither I nor anyone living in the same household with me is infected with COVID-19 and do not have any symptoms thereof, including, but not limited to: cough, shortness of breath or difficulty breathing, fever, chills, muscle pain, sore throat, or new loss of taste or smell; 2) I and all those living in the same household with me have been following the CDC COVID-19 guidance then in effect including without out limitation, to sheltering in place, wearing masks or face coverings in public, practicing social distancing, washing hands frequently, staying out of crowded indoor spaces and avoiding mass gatherings), and 3) I and all persons living in the same household with me have not been exposed in the two weeks before an Event(s) to a person known or believed by me or those living with me to be infected with COVID-19. If you cannot make these representations without reservation or if there is any doubt in your mind whether you can do so at the date of the Event(s), you may not participate in the Event or Event(s), and we ask that you not come to SSA or remain on SSA property.
- 6. COMPLETE AGREEMENT AND SEVERABILITY CLAUSE: This Agreement represents the complete understanding between the parties regarding the subject matter of this Agreement and no oral or written representations, statements or inducements have been made apart from this Agreement. If any provision of this Agreement is held to be unlawful, void, or for any reason unenforceable, then that provision shall be deemed severable from this Agreement and shall not affect the validity and enforceability of any remaining provisions therein.
- 7. TERMINATION AND CHOICE OF LAW: This Agreement shall continue in effect indefinitely, but participants may be required to sign new waivers and releases each year to be eligible to participate in Events during that year. This Agreement may only be amended, superseded or terminated by an agreement in writing signed by both parties to the Agreement. This Agreement shall be governed and construed in accordance with the laws of the State of Maryland, including the Uniform Electronic Transaction Act, (Maryland Code 21-106), without regard to the choice of law rules thereof.
- 8. ELECTRONIC SIGNATURE: The participant understands that by checking the designated box on 'the SSA on-line registration page for the Event(s), or other box so indicated, he or she agrees to conduct an electronic transaction with SSA and electronically sign a binding contract with the same legal effect as if he or she had physically signed his or her name to a paper copy of the Agreement. The participant acknowledges that he or she can download a copy of the Agreement. The participant shall be deemed to have ratified this Agreement each time that he or she participates in an Event.

I HAVE CAREFULLY READ THIS DOCUMENT IN ITS ENTIRETY, UNDERSTAND ALL OF ITS TERMS AND CONDITIONS, AND KNOW IT CONTAINS AN ASSUMPTION OF RISK, RELEASE, WAIVER FROM LIABILITY, INDEMNITY PROVISION, AND AGREEMENT TO CONDUCT AN ELECTRONIC TRANSACTION.

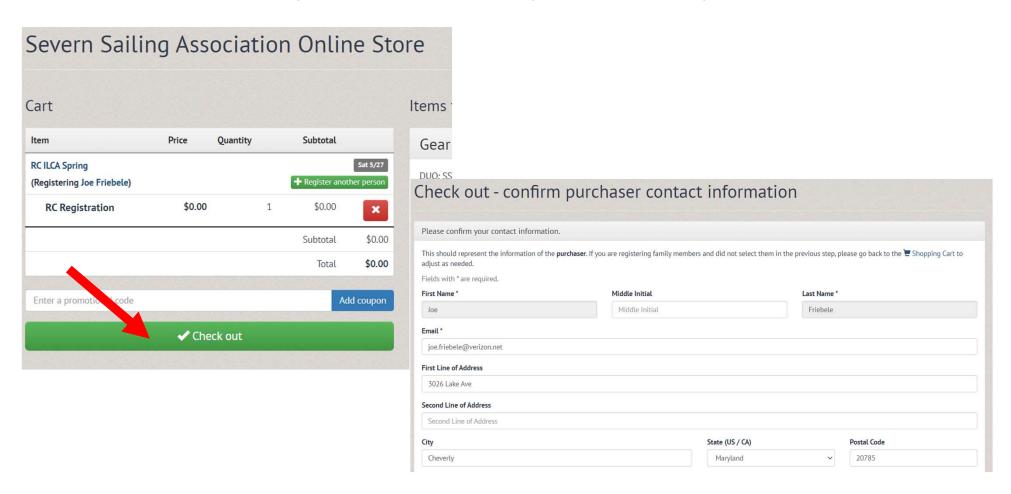
By signing electronically I (as the participant or as the Parent/Legal Guardian on behalf of the minor identified by me in this electronic submission) hereby accept and agree to the terms and conditions of this Agreement in connection with my (or the minor's) participation in the Event or Events.

✓ I accept these terms.

Confirm Registration

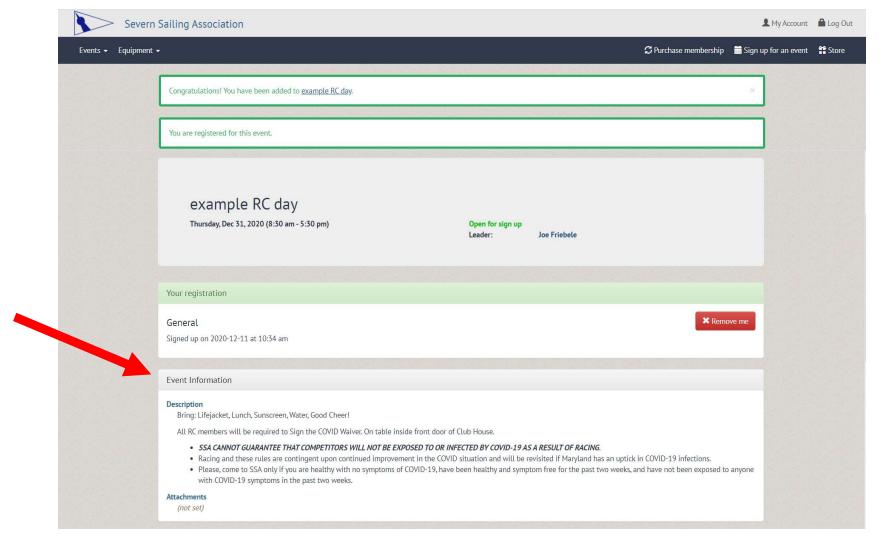


- Check out and confirm your contact information
- Note service days are treated as "purchases" by the web site



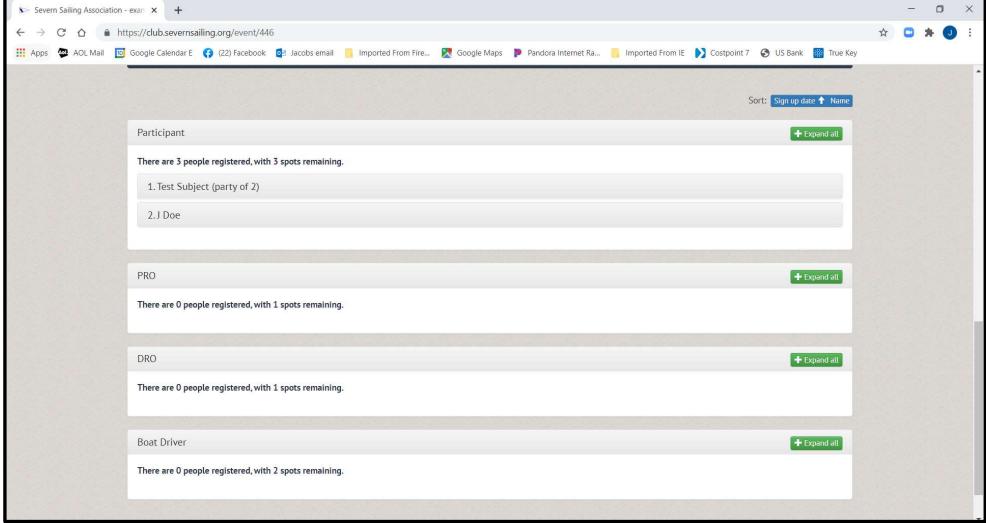


- Congratulations! You're signed up.
- Next page has important information





Scroll down for event staffing list

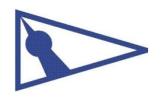






- Rally members to help out when more talent is needed
  - Around the club work parties, special projects, etc.
  - On the water Race Committee
- Can help you sort out which events work best for your schedule and help you swap days when things come up.
- Once you sign up for an event you must get the Service
   Day Coordinator to remove you from the event.
  - Bob Rutsch <u>bobrutsch@gmail.com</u>, 301-717-8678

## **Race Committee Staffing**

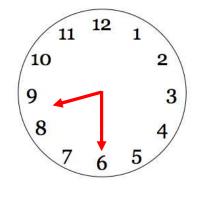


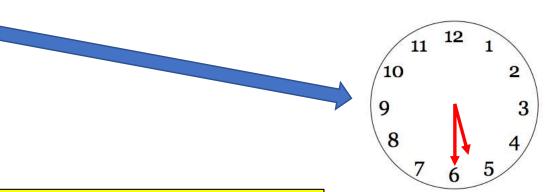
- Typical staffing for a weekend regatta
  - Principal Race Officer (PRO) experienced, trained and certified; "The Boss" responsible for everything to do with racing
  - Deputy Race Officer (DRO) assistant to the PRO; knowledgeable and experienced at race committee work. Point of contact for questions and any issues!
  - Staff (4-8 members) assigned to one of the RC boats. Assists with starts, sets marks, records finishes, rescue, etc. Here's where you'll be.
- Smaller staff for Tuesday and Thursday nights

## Time Commitment – Weekend Regatta



- Report to SSA classroom by 8:30 am for RC briefing and to load equipment.
- The DRO will tell you the time ahead of the weekend.
- First race typically starts at 11 am





- Last race ends around 3 4 pm.
- Need to help unload equipment, wash down boats, etc.
- Can usually leave club by about 5:30 pm.

#### **Gear - Clothing**

#### Dress as if you were going sailing that day



Rn Wn Cd
Foul weather
Jacket W/ hood

Rn Wn Cd Rain pants

#### Never

Flip flops

Wt Wn Cd
Hiking boots

Wt Wet
Wn Windy
Cd Cold
Wm Warm
Ht Hot
Rn Rain



Hats

Very Cd

Warm

Hot, Sunny

**Gloves** 

Wt Rubber gloves

Cd Fleece Gloves

Wm Sailing gloves

Rn Wn Cd
Sea boots

Rn Wn Ht
Deck shoes

#### **Gear – Personal stuff**



Lunch in Ziploc bagand inside a small soft cooler bag

Water or other - beverage\* (lots)

Small waterproof gear bag that holds all your gear including your lunch

**Phone** in Ziploce bag

\*Non-alcoholic



**Sunglasses** 

w/ strap

Hat clip

Two masks\*

Sun block

**SPF** chapstick

**PFD** 

\*per your comfort level

There is not a lot of storage room on the RC boats. Keep your gear light, small and in the bag at all times.

#### **Gear Checklist**



- PFD
- Water or non-alcoholic beverage
- Lunch
- Masks (2) Requirement during pandemic; may be waived at a later date
- Sun block and SPF Chapstick
- Hat w/hat clip
- Sunglasses w/strap
- Foul weather jacket
- Rain pants
- Gloves
- Shoes/boots
- Phone in waterproof bag

#### **COVID-19 Precautions**





Masks

No Covid restrictions at this time. If you are immune challenged, you can sign up for a smaller RC, bring your own personal protective gear. We have cleaning solutions and wash stations operating



Clean the Boat



Wash hands



**Smaller RC** 



Serve in pods of people you trust

## What to Expect – Beginning of the Day



- Check in with DRO in the classroom when you arrive
- Your opportunity to meet the other RC members
- Briefing by PRO and dock hands
- Boat assignments time to try out different boats and positions
- Load gear on RC boats:
  - Marks, tackle, anchors
  - Orange gear boxes, briefcases, radios
  - Misc: AED, laptop
- Launch RHiB if required
- Take a minute or 10 to make sure all necessary gear is on board – safety gear, radios, spare batteries, etc.
- Leave dock one hour before race or earlier
- May be asked to go to the race course early to check wind conditions

### **Marks / Anchor Crates**



Marks and anchor crates stored inside storage space along south wall of club building and along fence near the vehicle exit gate.

Use the trolley carts to bring mark crates to the boat dock.

#### Question

What is the correct way to **drag** marks and other large equipment across the parking lot?

#### Answer

"NEVER drag anything" is the correct way!





### **Marks / Anchor Crates**



## Assemble the marks and anchors you will need per PRO instructions

Color coordinated mark bridles and anchor crates

#### Types of SSA Marks and ANCHOR CRATES



Tetrahedron

Yellow 3'
Cylinder
Red Crate



Orange 3'
Cylinder

**Red Crate** 



4' Cylinder

Yellow Crate



5' Cylinder



Orange Ball



<sup>all</sup> Yellow Marker

**Red Crate** 

ate Yel

Crate Green Crate

Yellow Crat

#### **Marks and Tackle**



- On street side of club
- Color of tackle matches color of bridle at bottom of mark



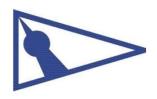
**Inflatable Marks** 

Marker Balls

#### What to Expect – During the Day



- Depends on what boat you're on
  - Let the DRO know any physical limitations
  - Sea sickness? Bring your own medication
- All boats probably involved in setting, moving and retrieving marks
- All boats available to render aid if required and/or requested
- Toilet only on Favored End. Be prepared!



- Never Tow Any Marks except when streaming
- Position the mark per the PRO's instructions
- Most people are quite bad with spatial distance relationships particularly with moving objects at the distances we encounter.

Most people underestimate distance and over- estimate

speed

**RELY on the PRO** 







- Step one: Be sure mark tackle is packed in its crate correctly!
- Step two: Deploy mark and counterweight first from back of the boat.

Very important: Keep line away from motor to avoid fouling the prop!!!







- Step three: With boat moving, SLOWLY pay out line. Keep line with tension. Mark should not be moving.
- Be sure line is streaming past end of boat and not near engine!
   Tell boat driver if line starts to be under boat or does not have line tension.





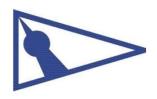


- Step four: Keep paying out line at the same speed as the boat is moving forward.
- REPEAT! Be sure line is streaming past end of boat and not near engine! Tell boat driver if the line starts to be under boat or does not have line tension





- Step five: When anchor line is at full stream, hold the anchor in your hand. Tell driver "At full stream"
- Hold in position with the anchor over the edge of the boat until ordered to drop anchor.
- Do not have any extra line coiled in your hand!





- Step Six: On command of the PRO over the radio to "Drop," drop anchor into the water.
- Just let it go beside the boat, do not toss it.
- Raise 2 hands to let PRO know that the anchor is in the water

When current is a factor and light wind, stream line into the strong current which may be streaming down wind!

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# What to Expect – Favored End (Signal Boat)





- Recording check-in, starts, finishes, hoisting/lowering flags
- PRO located on signal boat to control all RC on-the-water activities and radio communications with other RC boats

## What to Expect – Edgar D (Windward Mark Boat)





Set weather mark and offset, monitor course and roundings, record windward finishes

## What to Expect – Hugh E





Set starting mark, leeward gate marks and finish mark, watch for OCS boats, monitor course

## What to Expect - RHiB (All Purpose Boat)





- May set starting mark or <u>be</u> the starting mark, set leeward gate and finish mark, watch for OCS boats, monitor course
- Follow fleets and render aid if required or requested

#### What to Expect – End of the Day



- Help dock the boats
- Unload marks and tackle
- Pack anchor, line and counterweight in crate
- Rinse/disinfect; return to storage area





 Packing the anchor, line and counter weight in a crate. Always check that it is packed and always leave it correctly packed!



1. Anchor in crate.



2. Flake line on top if the anchor. Be sure no line loops go under the anchor.



3. Line flaked ready for the counter weight.



4. Place Counter weight on top of the line. Be sure a counter weight is actually attached to the line!



5. Put rest of line on top of the counter weight and clip the line end on to one of the crate handles.

#### What to Expect – End of the Day



- Unload RC equipment and return to 2<sup>nd</sup> floor of clubhouse; disinfect
- Scrub decks of all boats
- Remove RHiB from water, wash down and cover
- Check boats for safety gear, radios, batteries, etc. that might have been left onboard

Mingle with the RC and racers

Get your free beverage from Botanos Fajardo!!!

Enjoy your new friends!!



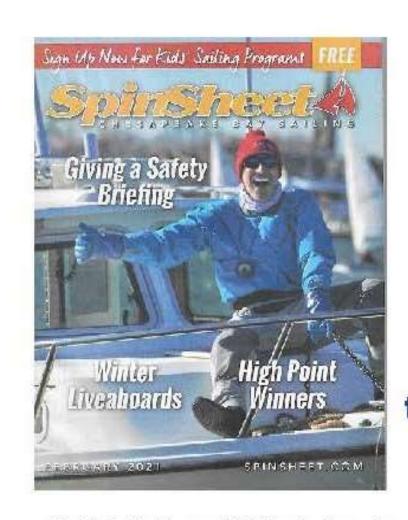


- Unit 2 Mark and Pin Boats
- Unit 3 Signal Boat
- Unit 4 When Things Go Wrong
- PRO/DRO Training Parts 1 and 2



If you miss one of the live ZOOM classes they will all be posted on line in April







to have as much fun as Jeff!

JOIN THE RACE COMMITTEE!

